

TOURS

Guided half-day or full-day walks are offered daily at 8:00 a.m. or 1:30 p.m. The duration can be three or six hours.

MORNING BIRDWATCHING TOUR

Our excellent trail system, in conjunction with specialized naturalist guides, will lead birders through a variety of habitats in the dense primary rainforest. It starts at 5:45 a.m. and lasts two hours (requires prior reservation).

NIGHT WILDLIFE TOUR

Look for bright eyes, listen the croaking of frogs and the song of the birds, and discover the amazing nocturnal wildlife of birds, mammals, amphibians, and reptiles is the goal at the end of the afternoon. The hike starts at 7:00 p.m. and lasts two hours; it requires prior reservation.

LA SELVA UNIVERSAL ACCESS TRAIL



Thanks to the joint effort of different sponsors, the OTS implemented one of the three universal access trails in the country, which includes a multi-sensory educational path, providing a unique experience in the extraordinary tropical rainforest ecosystem.

PRIVATE TOURS

For a personalized experience, private tours can be requested in the reservations department as well as in the station reception.

WORKSHOPS

Do not forget to consult for our workshops on different topics, created especially for groups and with the quality that characterizes us.

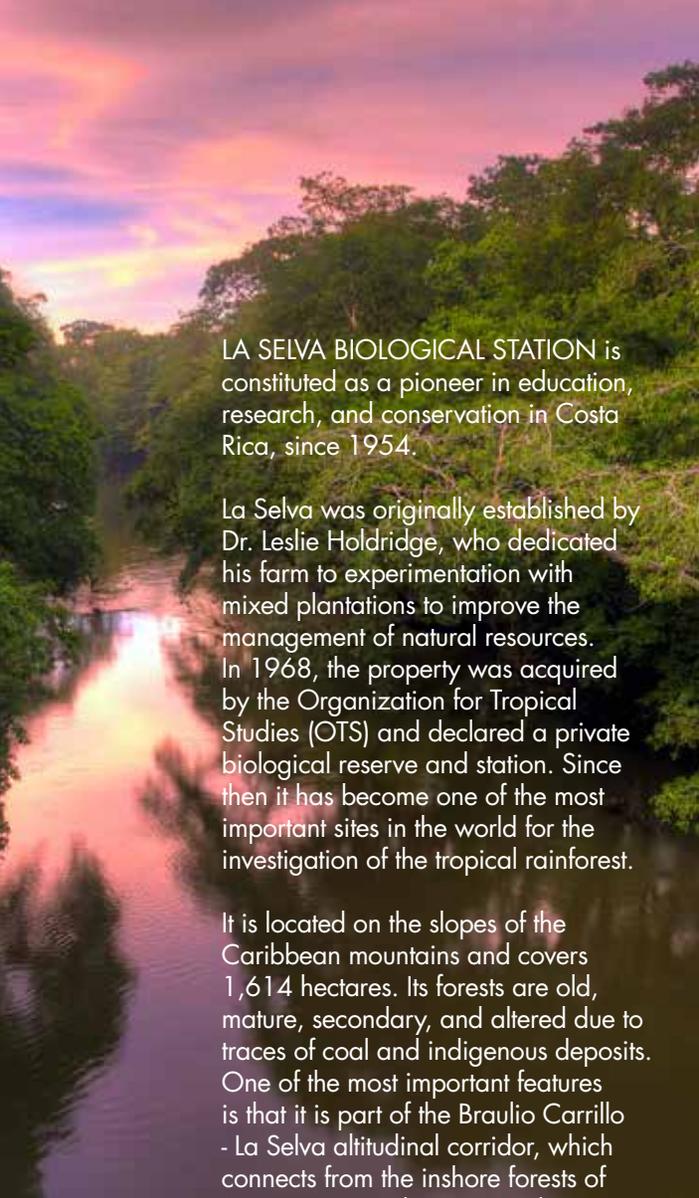


LA SELVA Biological Station



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LA SELVA BIOLOGICAL STATION is constituted as a pioneer in education, research, and conservation in Costa Rica, since 1954.

La Selva was originally established by Dr. Leslie Holdridge, who dedicated his farm to experimentation with mixed plantations to improve the management of natural resources. In 1968, the property was acquired by the Organization for Tropical Studies (OTS) and declared a private biological reserve and station. Since then it has become one of the most important sites in the world for the investigation of the tropical rainforest.

It is located on the slopes of the Caribbean mountains and covers 1,614 hectares. Its forests are old, mature, secondary, and altered due to traces of coal and indigenous deposits. One of the most important features is that it is part of the Braulio Carrillo - La Selva altitudinal corridor, which connects from the inshore forests of 35 MASL up to the Barva Volcano at 2,900 MASL.

Due to its privileged location, the diversity of species is spectacular; up to now, it includes more than 2,080 varieties of plants, 420 species of trees, 467 species of birds (representing more than 50% of the species in the country) and more than 700 species of ants.

FLORA AND FAUNA

- La Selva has several habitats, including easily accessible primary forest, regenerating agricultural land and a grove of trees.
- It houses more than half of the 886 species of birds in Costa Rica.
- Five of the six feline species in the country are found in here.
- There are more than 70 species of bats.
- It houses 1,850 genus of vascular plants.
- Each year, La Selva receives more than 250 researchers from about 25 countries.
- More than 4,000 scientific articles have been published by researchers working in La Selva.
- Bilingual naturalists specialists conduct daily walks to explore life within the tropical rainforest by the various well-maintained trails, some of which are accessible for people with special abilities.

SOME OF THE SPECIES THAT CAN BE APPRECIATED THROUGHOUT THE YEAR ARE:

- *Crax rubra* (Great Curassow)
- *Agalychnis callidryas* (Red-eyed Calzonuda Frog)
- *Ectophylla alba* (Honduran White Bat)
- *Leucopternis semiplumbea* (Semiplumbeous Hawk)
- *Dendrobates auratus* (Green And Black Poison Frog)
- *Bradypus variegatus* (Three-fingered sloth)
- *Bothriechis schlegelii* (Eyelash Pit Viper or Bocaraca)
- *Baryphthengus martii* (Rufous Motmot)



FACILITIES

- 8 rooms with private bathroom, fan and balcony
- Dining room
- Gift shop
- Laundry service
- Parking
- Free WiFi
- Transportation service from San Jose (reservation required)
- 16 kilometers of paved trails
- La Selva Universal Access Trail
- Only 1½ hours from San Jose



MEALS

The food is served in our family-style dining room with capacity for up to 130 people. Vegetarian foods are a daily option and we are prepared for food restrictions. We also handle the take-away mode.

By staying at our biological station you will have access to our indicated trails. Please check our rates on reservations.